



5th practice: Immunoserology precipitation, agglutination ELISA, immunoblotting techniques

Basic Immunology

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Definition of serology

- The scientific research of **blood serum** or other body fluids; in practice it usually refers to the identification of **antibodies** in the serum.
- Do you remember?
 - Blood plasma: supernatant of anticoagulated blood
 - Blood serum: supernatant of coagulated blood
- Also based on the antigen-antibody reaction. (both can be detected)
- Which methods does it include?
 - Methods based on precipitation
 - Methods based on agglutination
 - **Immunoassays** (ELISA, ELISPOT, radioimmunoassay, etc., see in next practice)
 - Immunoblot techniques (Western blot, Dot blot, see in next practice)
 - Indirect immunofluorescence microscopy
- Main clinical applications:
 - Diagnostics of infectious diseases (e.g. detection of antibodies produced against the pathogens)
 - Diagnostics of **autoimmune disorders** (detection of autoantibodies)
 - Diagnostics of immunodeficiencies (measuring the levels of immunoglobulins)
 - Checking blood types

Specificity, sensitivity

FN = False negative FP = False positive



False positive result





Precipitation



If the antigen and the recognizing antibody are in solution the same at appropriate ratio (equivalence zone) then they will form larger immunocomplexes.

Solubility of these protein complexes decreases and they will precipitate.

Methods based on immunoprecipitation:

- Immunodiffusion
- Immunoelectrophoresis

Immunodiffusion I.



Double immunodiffusion



Immunodiffusion II.

Mancini^[2.] radial immunodiffusion:



The antigen is evenly incorporated into the agar gel. Then serum sample is placed into the hole in the gel. The antibodies in the serum will diffuse radially. Once the antigen-antibody concentration reaches the equivalence zone they will form a precipitation ring.

Semiquantitative method.

Ouchterlony^[3.] double immunodiffusion:



The hole in the middle contains the antigen while the other surrounding holes contain the investigated sera. As the antigen and the antibodies in the sera diffuse towards each other they will precipitate once they reach the equivalence zone.

Semiquantitative method.

Protein electrophoresis



- Molecules with electric charges (including proteins) will migrate towards the opposite charge if put into an electric field.
- The speed of their migration depends on:
 - The resistance of the matrix (can be standardized)
 - The voltage applied (can be standardized)
 - The size and the charge of the proteins (the latter depends on pH)
- Proteins that migrate with different speeds can be physically separated.
- The matrix can be:
 - Solid (e.g. paper, nitrocellulose)
 - Semi-fluid (e.g. agarose or polyacrylamide gel)
 - Fluid

Serum protein electrophoresis

• The electrophoresis of the serum is performed under alkaline pH. The majority of the proteins in such conditions will migrate towards the positive electrode. The proteins can be detected by adding non-specific dyes.^[4.]







Arne Tiselius

Was awarded the 1948 Nobel Prize in Chemistry:

"for his research on electrophoresis and adsorption analysis, especially for his discoveries concerning the complex nature of the serum proteins."^[5.]

Analysis of serum electrophoresis

Some examples of the proteins found in the different fractions:^[6.]

- The biggest fraction is the albumin. \checkmark
- α1 globulins:
 - α1-antitrypsin ↑
 - Serum amyloid A **↑**
 - Retinol-binding protein $oldsymbol{\downarrow}$
 - − Transcortin ↓
- α2 globulins:
 - Ceruloplasmin **↑**
 - Angiotensinogen
 - Haptoglobin **↑**
- β globulins:
 - β2-microglobulin ↑
 - Transferrin
 - Plasminogen
- γ globulins:
 - Immunoglobulins



- Increase (also called positive acute phase proteins, their most prominent member being CRP which can be found between the β and the γ fractions^[7.])
- Decrease



The normal pattern of serum electrophoresis and corresponding **densitometric diagram**.

Examples of abnormal electrophoretic patterns I.

Polyclonal gammopathy



An excess of immunoglobulins produced by various B cell clones in inflammatory conditions:^[7.]

- Infections
- Autoimmune disorders
- Cancers
- Liver diseases (e.g. hepatitis, cirrhosis)

Monoclonal gammopathy



An excess of immunoglobulins produced by a **single B cell clone**. Found in **plasma cell neoplasms**:^[7.]

- Multiple myeloma
- Waldenström macroglobulinemia
- MGUS (Monoclonal gammopathy of undetermined significance)

Examples of abnormal electrophoretic patterns II.





Accumulated A1AT can been seen as PAS-positive granules inside hepatocytes.

α1-antitrypsin (A1AT):

- It is produced by the liver.
- It **neutralizes** the **elastase** enzyme produced by neutrophils during inflammation.

α1-antitrypsin deficiency:

- It is a genetic disorder.
- Liver cells are unable to secrete α1-antitrypsin which accumulates in their cytoplasm.
- The level of α1-antitrypsin greatly decreases in the blood which will lead to complications:
- Liver damage (because of A1AT deposition)
- **Damage of the lungs** (inflammatory reactions will cause serious tissue damage without the inhibitory effects of A1AT)
- Chronic pancreatitis (because of the absence of A1AT)

Electrophoresis of other body fluids

Cerebrospinal fluid (CSF)



Urine electrophoresis:

Performed simultaneously with serum electrophoresis when **multiple myeloma** is suspected. They try to detect the immunoglobulin light chain (Bence Jones protein^[10.]) in the urine.

In the CSF of the patient individual bands can be seen in the gamma globulin fraction. The detected pattern differs from that seen in the patient's serum.

Immunoglobulins are produced locally in the central nervous system of the patient. (**oligoclonal gammopathy**, e.g. in **multiple sclerosis**^[9.])



Immunoelectrophoresis I.



Immunoelectrophoresis II.



The precipitin arcs of the sample are always compared with a normal control.^[11.] When adding polyclonal antibodies the number of arcs depends on what sort of antihuman serum was used. (horse, rabbit, goat, etc.).

Serum proteins can be specifically identified with the use of monoclonal antibodies. It is a **semiguantitative test** but is only rarely used in the clinical practice.



2. Monoclonal gammopathy (multiple myeloma producing IgG λ immunoglobulin)

Immunofixation I.



- 1. The electorphoresis is performed simultaneously by dividing the serum into several parallel samples.^[12.]
- 2. The specific proteins are detected in different gels using different antibodies. (The added antibodies precipitate with the antigen which is usually detected with dyes. The antigens are the human immunoglobulins themselves in most cases.)

Application:

 Diagnostics of plasma cell neoplasms by detecting the abnormal monoclonal antibodies (*"paraproteins"*) in the serum they produce.^[13.]

Multiple myeloma producing monoclonal antibodies of IgG κ isotype.

Nephelometry, turbidimetry



Macromolecules (such as immunocomplexes) in solutions scatter light. The scattering is proportional to size of the particles.

Spectrophotometer (turbidimetry)

> The analyte can be identified based the scattering light with on nephelometry. As light passes the the **light** intensity will cuvette decrease which is detected bv turbidimetry.^[14.]

Application: Measuring the concentrations of immunocomplexes, e.g. IgA, IgM, IgG levels or the levels of light chains (e.g. in multiple myeloma), complement levels

Agglutination

- If antibodies cross-bind larger particles and it leads to the aggregation of these particles = agglutination (if these particles are red blood cells it is called hemagglutination)
- Agglutination is one of the **physiological functions** of antibodies, agglutination of pathogens prevents the spread of infections.^[15.]
- Can be **direct** or **indirect** and **active** or **passive**.
- Several diagnostic tests are based on agglutination reactions in which the clumping of the particles is directly visible.





Blood type test: A, Rh(D) positive

Physiological role of agglutination



Direct or indirect

Direct agglutination:

- The particles are directly cross-linked by the primary antibodies.
- Antibodies of the **IgM** isotype can effectively agglutinate particles.

Indirect agglutination:



Secondary antibodies cross-link the particles.

Active or passive



Active agglutination:

Passive agglutination:



- The cell/particle participates in the reaction with its **own** surface **antigen**.
- Example:
 - Blood group testing
 - Detection of bacterial cell surface antigens
- The antigen is **artificially bound** to the particles that participate in the reaction. Example:
 - Latex agglutination reactions (see on the next slides)

The clinical significance of agglutination

- One of the physiological functions of antibodies in the defense against pathogens.
- In vivo hemagglutination may occur in certain diseases. (e.g. autoimmune hemolytic anemia, AIHA)
- Diagnostic tests:
 - Latex agglutination tests:
 - Autoimmune disorders (detection of autoantibodies)
 - Infections (detection of microbial antigens or the antibodies that recognize them)
 - Detection of other proteins (e.g. CRP, hCG, D-dimer)
 - Tests based hemagglutination :
 - Testing blood groups
 - Coombs test (antiglobulin test)
 - Hemagglutination assay
 - Hemagglutination inhibition assay:
 - Identification of viral hemagglutinins
 - Testing antibodies that can inhibit viral hemagglutinins

Latex agglutination test





Positive Negative

The antigen/antibody that participates in the reaction is bound to the surface of **latex beads.**

If the investigated antibody/antigen is present in the sample then it will cause the aggregation of the beads.

Applications:

- Diagnostics of autoimmune disorders, e.g.:
 - Rheumatoid arthritis (rheumatoid factor, RF^[16.]), SLE (various autoantibodies)
- Diagnostics of infectious diseases, e.g.:
 - Detection of antibodies against microbial antigens (e.g. anti-streptolysin O antibody, ASO/AST^[17.])
 - Detection of bacterial antigens
- Detection of other proteins, e.g.:
 - **C-reactive protein** (CRP, acute phase protein^[18.]), D-dimer^[19.] (indicates blood clot formation), human chorionic gonadotropin (hCG, in pregnancy)

Home pregnancy test



After fertilization hCG produced by the trophoblasts appears in the urine of the mother.

hCG can be detected by several immunological methods (such as ELISA or agglutination) but home tests are based on **chromatography.**^[20.]



Band forms only if the enzyme-conjugated antibody is bound. If hCG is not present in the urine then only the anti-IgG will bind the labeled antibodies and only one band will appear.

Direct Coombs test (Direct antiglobulin test^[21.])



Autoreactive antibodies on the patient's RBCs

Hemagglutination

Application: Diagnostics of **immune-mediated hemolysis**,^[22.] e.g.:

- AIHA (autoimmune hemolytic anemia, anemia= RBC numbers \downarrow)
- Erythroblastosis fetalis (Hemolytic disease of the newborn, HDN)



In vivo hemagglutination in a patient with AIHA.

Indirect Coombs test (Indirect antiglobulin test)



Applications:

- Screening for antibodies before **blood transfusions**^[23.] (to detect antibodies that recognize several rare blood groups other than the ABO or Rh groups systems)
- To screen pregnant women for anti-Rh(D) antibodies that can cross the placenta and cause erythroblastosis.^[24.]

Hemagglutination assay





Negative

Hemagglutination

Equal amount of RBCs are put into each well. 2-fold dilutions of the sample are then created and added to the wells.

In case of a **positive reaction** the RBCs aggregate and therefore cannot settle to the bottom of the well. (HA titer: the smallest concentration of the sample which still causes agglutination)



- NZB: New Zealand Black mouse strain^[25.] (murine model of AIHA)
- BALB/c: albino strain of house mouse (control)

Hemagglutination inhibition assay



- The method can be used to classify viruses based on their viral hemagglutinin antigens,^[26.] e.g.: H5N1 = Influenza virus with type 5 hemagglutinin (and type 1 neuraminidase).
- Can also be used to test the levels of anti-hemagglutinin antibodies in people who received vaccinations against such viruses.^[26.]

ELISA basics I.

- **ELISA** = <u>Enzyme-Linked</u> <u>Immunos</u>orbent <u>A</u>ssay^[1.]
- An example of how ELISA works: (so-called sandwich ELISA, see on the next slides):



the color reaction.

ELISA basics II.

- It is based on the **antibody-antigen reaction**, **both** of them **can be detected**.^[2.]
- **Sensitization**: One of the participants is bound to solid surface.
- **Blocking**: Blocking of non-specific binding sites.
- The participant of interest (either the antigen or the antibody) is in a **soluble form**. (e.g. blood serum)
- The capturing antigen/antibody will bind its soluble ligand and **bound immunocomplexes will form**.
- Components not bound to the surface are removed by washing.
- The bound immunocomplexes can be detected with enzymatic color reactions either directly or indirectly.
- The colored end-product of the chromogen is soluble and diffuses in the solution.
- The concentration of the investigated participant can be calculated by measuring the light absoprtion of the solution and using standard samples with known concentrations. → It is a quantitative method!

Principle of ELISA (indirect ELISA)





In the case of **ELISA** the **colored end-product** of the chromogen must be **soluble**. The end-product will randomly **diffuse** in the solution changing the **light absorption** properties of the solution. Light absorption is then measured well by well by the ELISA reader.^[2.]

In case of **enzyme IHC** and **immunoblotting techniques** (e.g. Western blot) the end-product **must be insoluble**, otherwise it will diffuse away. An insoluble end-product will stay at the site of the reaction allowing the visualization of antigen-antibody reaction.

Main types of ELISA



Direct ELISA

- 1. They bound A antigen from the sample to the plate.
- 2. They detect the antigen with enzyme-labelled anti-A antibody.^[3.]



Advantages:

• Fast

Disadvantages:

• Expensive (requires a labelled primary antibody)

• The signal is weak because proteins in the sample compete with each other during the senzitization step. (Solution: Sandwich ELISA)

Indirect ELISA



Application: Detection of **antibodies** in the sample, e.g.:

- Testing hybridoma supernatants^[4.]
- Detection of antigen-specific antibodies in body fluids (e.g. detecting autoantibodies in the serum in autoimmune disorders, see later)

Sandwich ELISA



Applications: Detection of a specific antigen in the sample.

E.g.:

- Cytokines
- Tumor markers
- Hormones
- Etc.

Requirement: The capturing and the primary antibodies must recognize **different epitopes** of the very same antigen.

Competitive ELISA



Application: Detection of a **specific antigen** in the sample. Principle:

- 1. Binding of anti-A antibody to the plate.
- 2. They add a known amount of labelled antigen to the sample.
- 3. The unlabelled antigen in the sample will **compete with the labelled** ones for the binding sites.
- 4. The unbound componenets are removed by washing.
- 5. The intensity of the color reaction is inversely proportional with the concentration of the antigen in the sample. (The less antigen there was in the sample, the more enzyme-labelled antigen could bind to the coated antibodies.)

ELISA evaluation I.





An ELISA reader which measures the **light absorption** in well of the ELISA plate.



ELISA evaluation II.



The concentration of the antigen is calculated based in the light absorption of the sample with help of the standard curve.



Result of a routine diagnostic ELISA (measured rheumatoid factor)

The significance of ELISA

- Medical diagnostics:
 - Diagnostics of **autoimmune disorders**^[5.] (detection of autoantibodies, see later)
 - Diagnostics of infectious diseases^[6, 7.] (detection of either microbial antigens or the antibodies produced against them, e.g. detection of anti-HIV antibodies in HIV screening)
 - Measuring the concentrations of specific **serum proteins** e.g. CRP, hormones^[8.] (β-hCG, TSH, etc.) cytokines, tumor markers^[9, 10.] (e.g. AFP, PSA, CEA, etc.)
- Industrial uses:
 - Detection of **food allergens**^[11, 12.] (e.g. gluten, peanut, milk proteins, etc.)
 - Detection of **toxins** in foods^[13.]
 - Testing antibody production of **hybridomas**^[4.]
 - Detection of certain industrial pollutants in environmental and industrial wastes^[14.]
- Research

ELISPOT



It is used to measure the antigen secretion of cells. E.g.: Cytokine production

Formation of an **insoluble endproduct** at the site of antigen production.

IFNy production in T cells

T cells stimulated with

untreated T cells:



Detection of interferon gamma (IFN γ) with **ELISPOT**. The cells were put to a plate. The IFN γ they produced was instantly bound by the capturing antibody. The bound IFN γ was detected with enzymatic reaction. The stimulated T cells became activated and produced large amounts of IFN γ .

Dot blot



- 1. They put one drop of the sample containing the antigen to a solid surface (membrane).
- The antigen attached to the surface is detected with the use of a labelled antibody either with a chromogen or with chemiluminescent reaction (see later).
 Application: Detection of specific proteins in a

sample of mixed proteins.





Comparison of two different samples for the same proteins with Dot blot.

Western blot^[16.]



4. Detecting the antigen with either a **chemiluminescent reaction** or **immunofluorescence**

Detection of the antigen

There are several methods to visualize the bound antigens, the most frequently used are^[17.]:



The chemiluminescent reaction of luminol:



Examples

Simultaneous detection of AFP and GADPH (quantity control) with chemiluminescent



Investigation of EGFR phosphorylation with **fluorescent Western blot**:

technique:



Significance of Western blot:

- What is it capable of?
 - It can specifically detect proteins in a mixed protein sample and also provides information of both the size and the quantity of the protein of interest. (semiquantitative method)
 - **Protein-protein interactions** can be detected with immunoprecipitation.
 - Can be used for **functional tests**, such as investigating protein phosphorylations in cells.
- It is extensively used in research.
- Its use for diagnostic purposes is limited because it is hard to standardize.^[18.]
- Some examples of diagnostic uses:
 - Confirmation of certain **infectious diseases**, e.g.:
 - Lyme disease^[19.]
 - BSE (Bovine spongiform encephalopathy, "mad cow disease")^[20.]
 - Confirmation of HIV infection in case of a positive ELISA screening test.^[21.]

Indirect immunofluorescence microscopy as a serological test

- Immunofluorescence microscopy \rightarrow see 4th practice
- Application: Diagnostics of autoimmune disorders (see later in more detail)
- The serum of the patient is added to a cell culture or tissue. Autoantibodies in the serum will cross-react with the tissue or cultured cells which can be detected with flurochrome-conjugated anti-human antibodies.





Detection of anti-double stranded DNA (dsDNA) antibodies in a cell culture.^[22.]

Indirect immunofluorescence example



Detection of anti-endomysium autoantibodies (EMA) from the serum of a patient with celiac disease on a monkey esophagus. The esophagus section was first incubated with the serum of the patient. Then fluorochrome-conjugated (**FITC**) anti-human antibody was added.^[23.]

Comparing the treshold of different serological methods

Method	Estimated sensitivity (µg protein/ml sample)
Precipitation in fluids	20-200
Ouchterlony double immunodiffusion	20-200
Immunoelectrophoresis	20-200
Mancini radial immunodiffusion	10-50
Rocket immunelectrophoresis	2
Immunofluorescence	1
Direct agglutination	0,3
Passive agglutination	0,006-0,06
ELISA	0,0001-0,01

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