



IMMUNOLÓGIAI ÉS
BIOTECHNOLÓGIAI
INTÉZET



9th practice: Immunoserology 2. ELISA, immunoblotting techniques

Basic Immunology

University of Pécs, Clinical Center

Department of Immunology and Biotechnology

Pécs

Effector functions of immunoglobulins

Recap: isotype switch, affinity maturation, Ig isotypes, their distribution in the organism, associated effector functions.

1. Definition of neutralization, immunodominant epitope, significance of bacteria, toxin, virus neutralization
2. Definition of opsonization, types of Fc receptors, Fc γ RI: mediating phagocytosis, Fc γ RIIb: inhibition of B cells and mast cells, Fc γ RIII – NK cell mediated *közvetített* ADCC, Fc ϵ RI – elimination of parasites via eosinophil degranulation, immediate allergic reactions, consequences of mast cell degranulation: lipid mediators, cytokines
 - Transport receptors: FcRb or FcRn: transporting IgG from the serum to the tissues; Fc α / μ R: transporting IgA dimer and IgM to the mucosa
3. Antibody Dependent Cellular Cytotoxicity (ADCC): elimination of virally infected cells and tumor cells
4. Complement activation via the Classical pathway

Complement system

Components: 1: cascade of inactive plasma proteins (serine proteases, definition of limited proteolysis, amplification), 2. Complement receptors, 3. regulatory proteins

Activation pathways: 1. Classical (IgG IgM immune complex C1qrs, C2, C4,) 2. Lectin pathway: MBL, MASP, C2, C4, 3. Alternative pathway: C3, BF

Shared: C3 degradation, C3b as major opsonin, C5 degradation, C3a and C5a inflammatory chemotactic peptides, C6,7,8,9 : MAC (lytic complex)

Complement receptors: CR1 on red blood cells – immune complex transport, CR1,2,3, 4 on phagocytic cells: endocytosis, CR1 and 2 on B cells and FDCs

Regulatory proteins: cascade inhibition (soluble: C1 inhibitor, cell surface-bound: DAF, CR1, MCP), inhibition of MAC development, protection of own cells.

Indirect ELISA practice

Steps of the practice:

You will find different ELISA kits on the desks.

1. **Sensitization:** binding of the antigen to the ELISA plate.
2. **Blocking:** blocking non-specific binding sites with gelatin.
3. Loading the investigated **samples** and the **standards**. (**100 μ l, 30 minutes** incubation) You will only load the standards for demonstration.
4. **Washing** the plates 3 times.
5. Adding **100 μ l** anti-human IgG-PO or IgM-PO **antibodies** and incubating for **30 minutes**.
6. **Washing** the plates 3 times.
7. **Developing color reaction** with 100 μ l tetramethylbenzidine (TMB) solution.
8. Stopping the reaction by adding 50 μ l stop solution.
9. (Photometric detection, evaluation of results.)

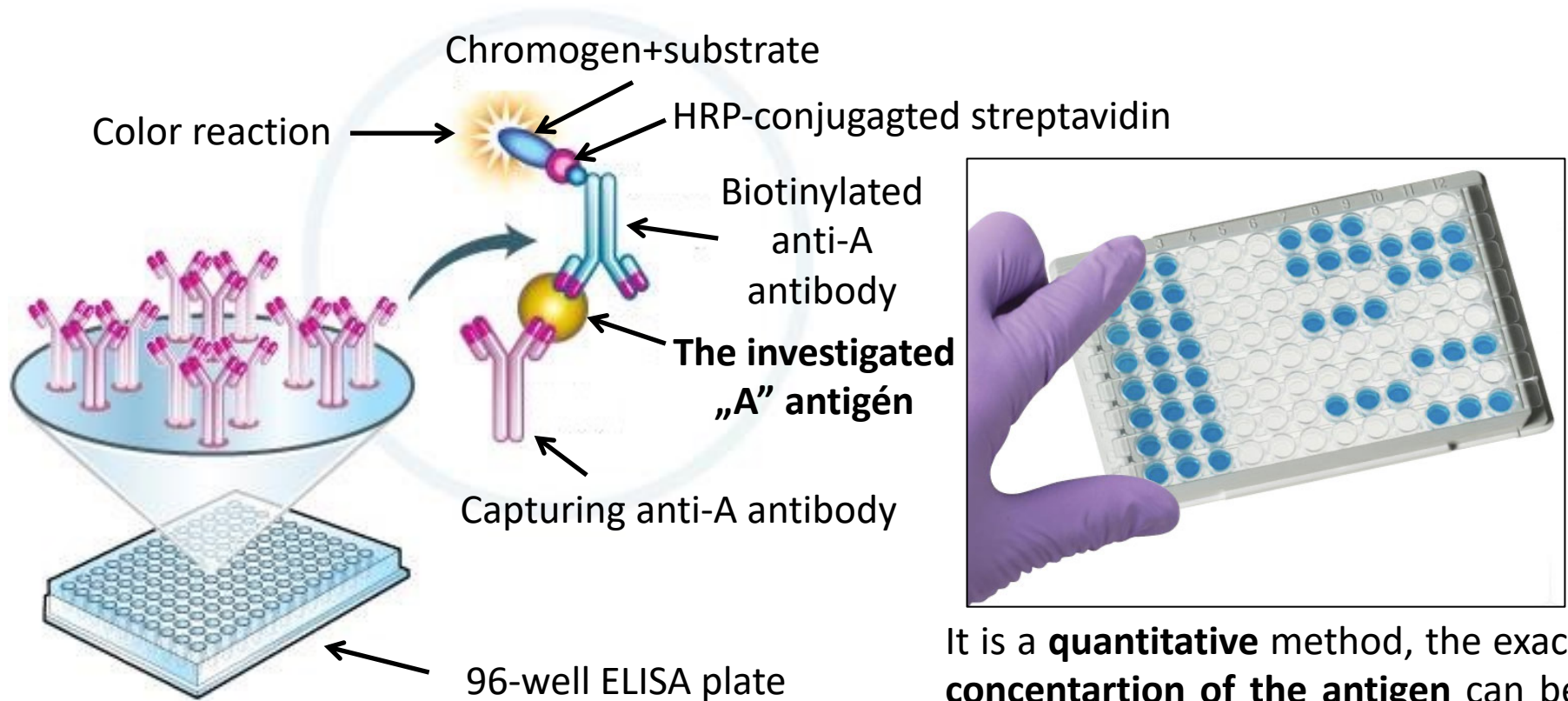
} Done by manufacturer.



WEAR GLOVES!

ELISA basics I.

- **ELISA** = Enzyme-Linked Immunosorbent Assay^[1.]
- An example of how ELISA works: (so-called sandwich ELISA, see on the next slides):

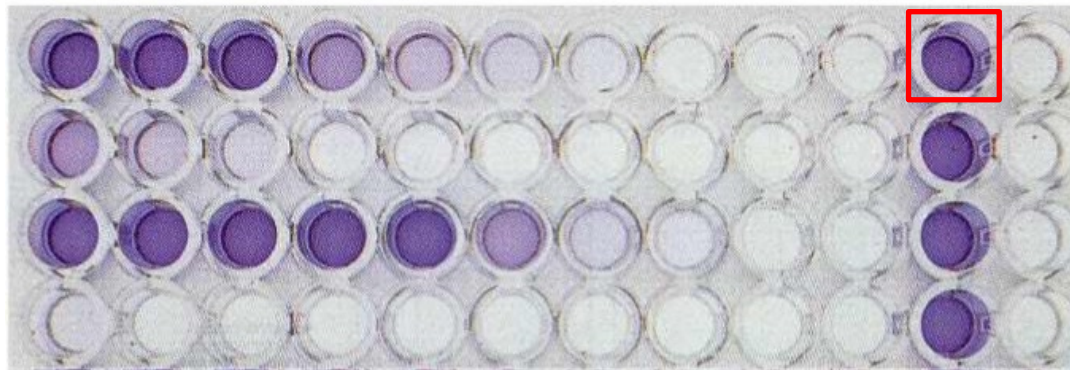
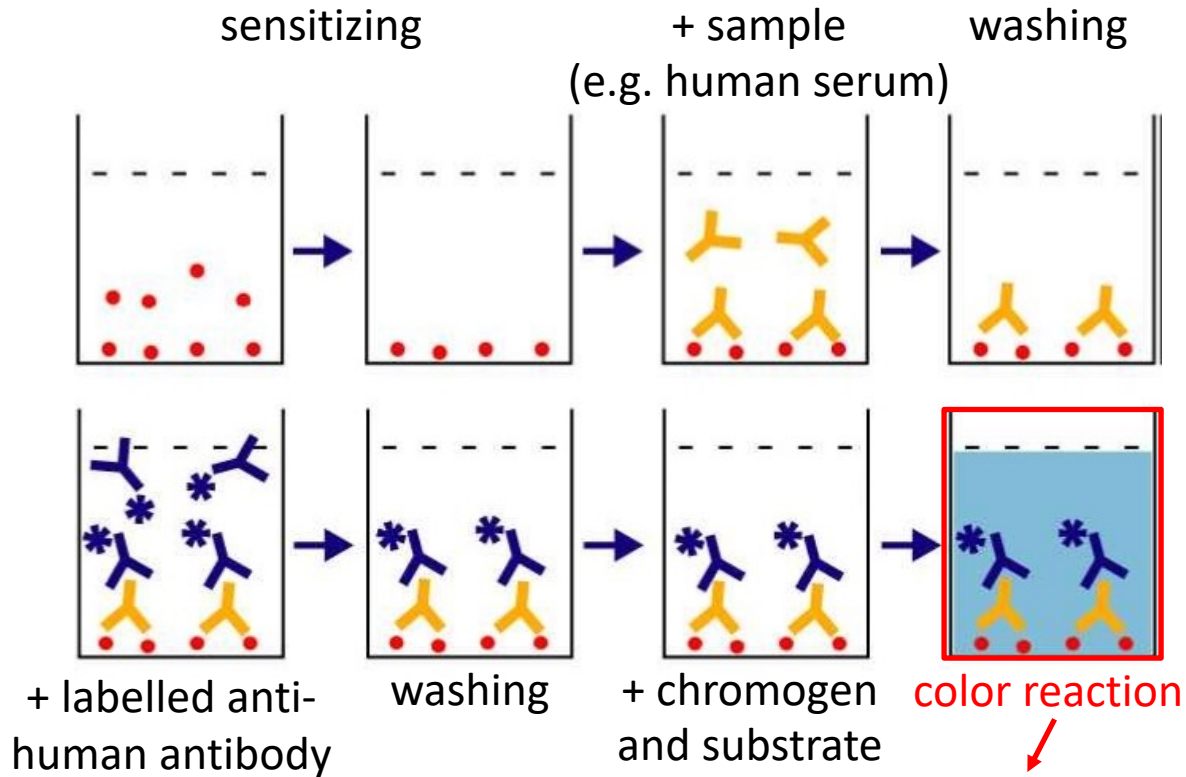


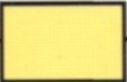

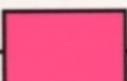
It is a **quantitative** method, the exact **concentration of the antigen** can be determined based on the intensity of the color reaction.


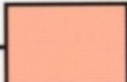
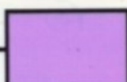
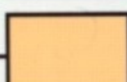
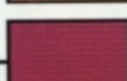

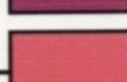

ELISA basics II.

- It is based on the **antibody-antigen reaction**, **both** of them **can be detected**.^[2.]
- **Sensitization**: One of the participants is bound to solid surface.
- **Blocking**: Blocking of non-specific binding sites.
- The participant of interest (either the antigen or the antibody) is in a **soluble form**. (e.g. blood serum)
- The capturing antigen/antibody will bind its soluble ligand and **bound immunocomplexes will form**.
- Components not bound to the surface are removed by washing.
- The bound immunocomplexes can be detected with enzymatic color reactions either directly or indirectly.
- The colored end-product of the chromogen is soluble and diffuses in the solution.
- The **concentration** of the investigated participant **can be calculated** by measuring the **light absorption** of the solution and using **standard samples** with known concentrations. → **It is a quantitative method!**

Principle of ELISA (indirect ELISA)



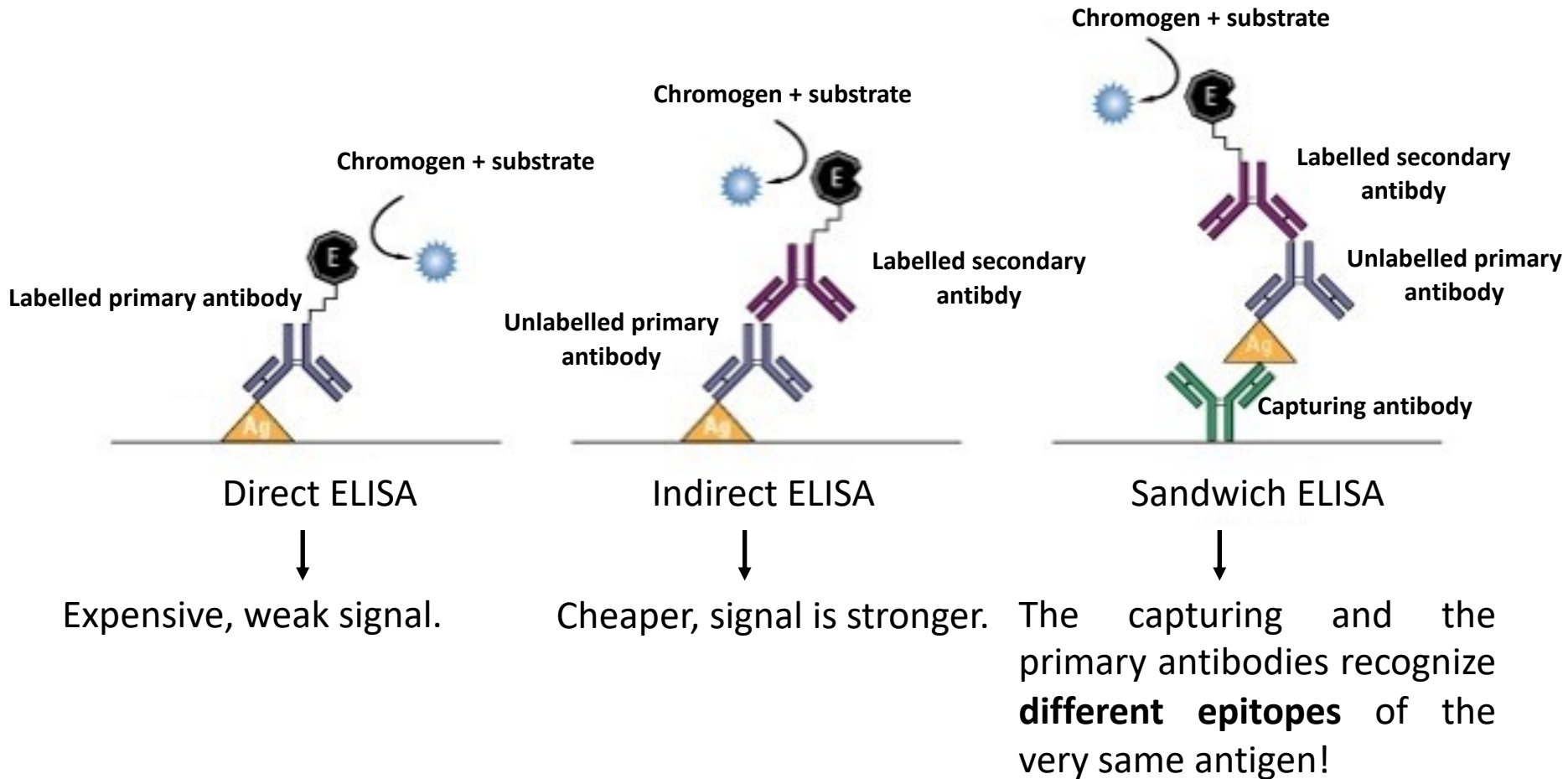
ALP	p-nitrophenyl phosphate (pNPP)		soluble	ELISA
	Nitro blue tetrazolium (NBT)		insoluble	histochemistry, immunoblotting
	Fast Red		insoluble	histochemistry, immunoblotting

Peroxidase	ABTS		soluble	ELISA
	o-phenylenediamine (OPD)		soluble	ELISA
	tetramethylbenzidine (TMB)		soluble	ELISA
	o-dianisidine		soluble	ELISA
	5-aminosalicylic acid (5-ASA)		soluble	ELISA
	diaminobenzidine (DAB)		insoluble	histochemistry, immunoblotting
	3-amino-9-ethylcarbazole (AEC)		insoluble	histochemistry, immunoblotting
	4-chloro-1-naphthol (4C1N)		insoluble	histochemistry, immunoblotting

In the case of **ELISA** the **colored end-product** of the chromogen must be **soluble**. The end-product will randomly **diffuse** in the solution changing the **light absorption** properties of the solution. Light absorption is then measured well by well by the ELISA reader.^[2.]

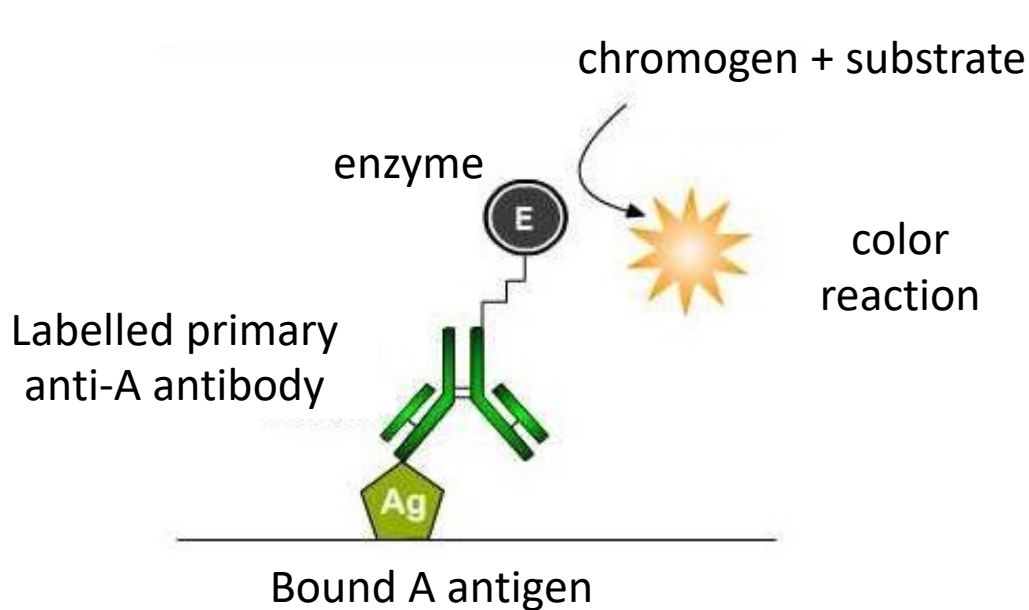
In case of **enzyme IHC** and **immunoblotting techniques** (e.g. Western blot) the end-product **must be insoluble**, otherwise it will diffuse away. An insoluble end-product will stay at the site of the reaction allowing the visualization of antigen-antibody reaction.

Main types of ELISA



Direct ELISA

1. They bound A antigen from the sample to the plate.
2. They detect the antigen with enzyme-labelled anti-A antibody.^[3.]



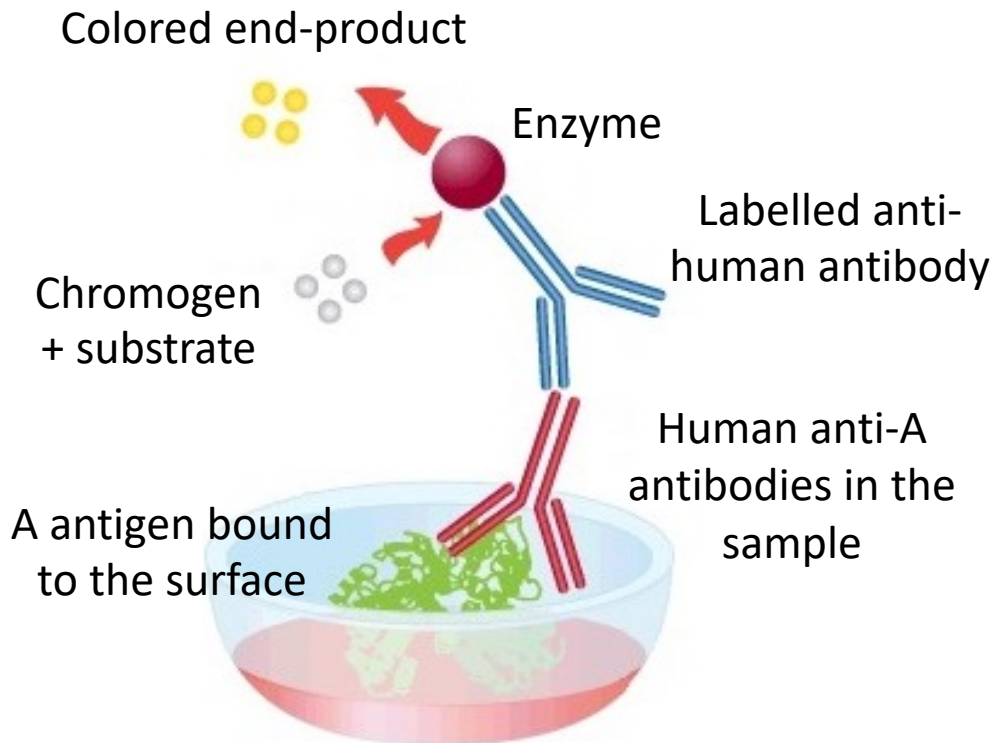
Advantages:

- **Fast**

Disadvantages:

- **Expensive** (requires a labelled primary antibody)
- **The signal is weak** because proteins in the sample compete with each other during the sensitization step. (Solution: Sandwich ELISA)

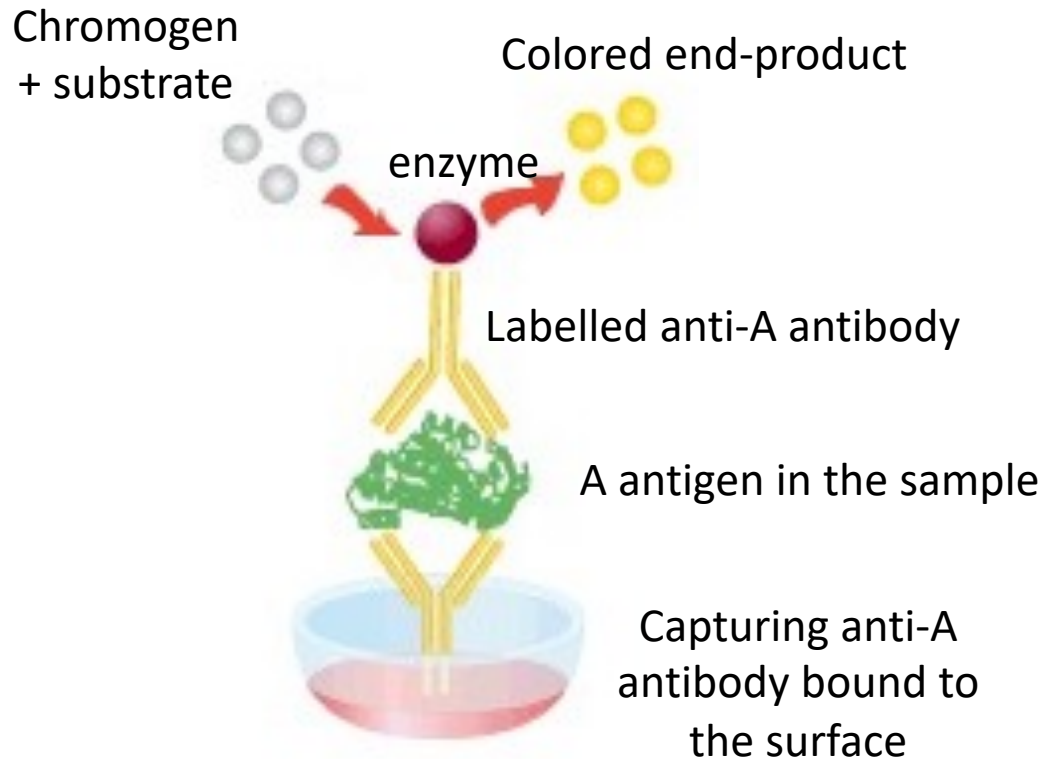
Indirect ELISA



Application: Detection of **antibodies** in the sample, e.g.:

- Testing **hybridoma supernatants**^[4.]
- Detection of antigen-specific antibodies in body fluids (e.g. detecting autoantibodies in the serum in **autoimmune disorders**, see later)

Sandwich ELISA



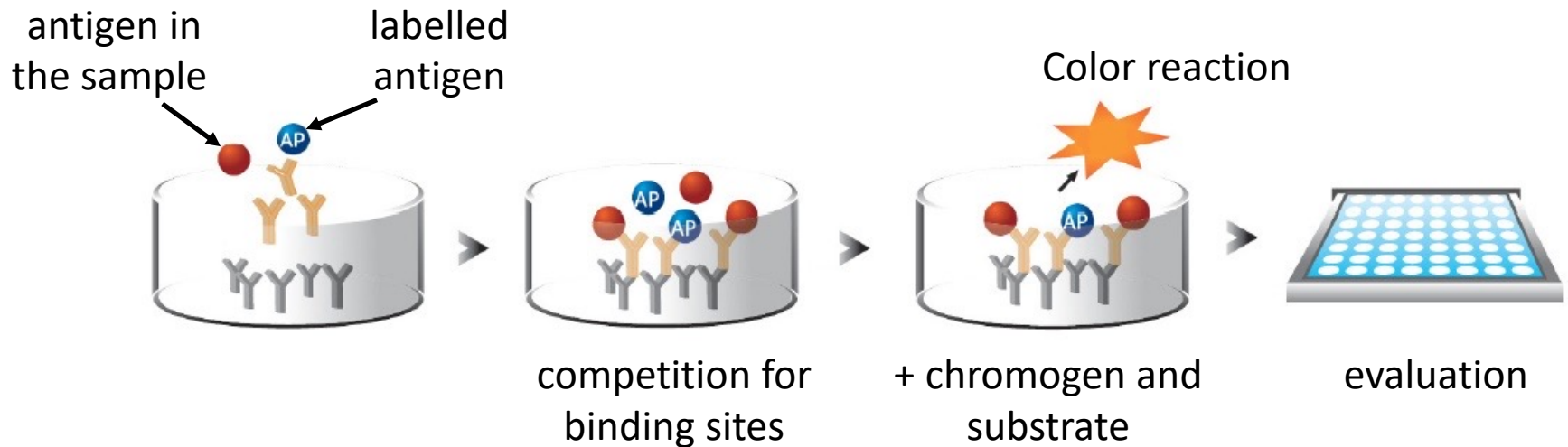
Applications: Detection of a specific antigen in the sample.

E.g.:

- Cytokines
- Tumor markers
- Hormones
- Etc.

Requirement: The capturing and the primary antibodies must recognize **different epitopes** of the very same antigen.

Competitive ELISA



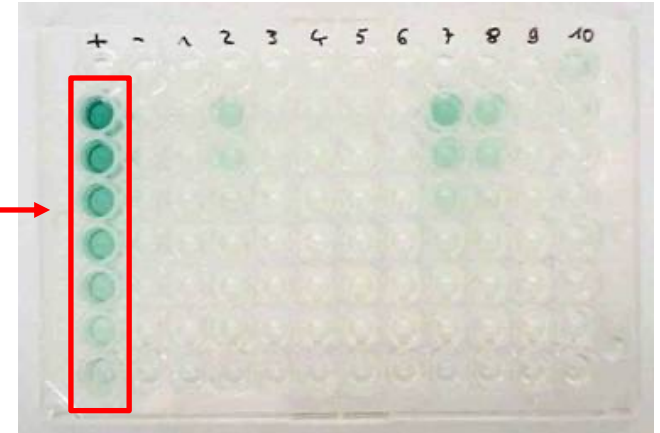
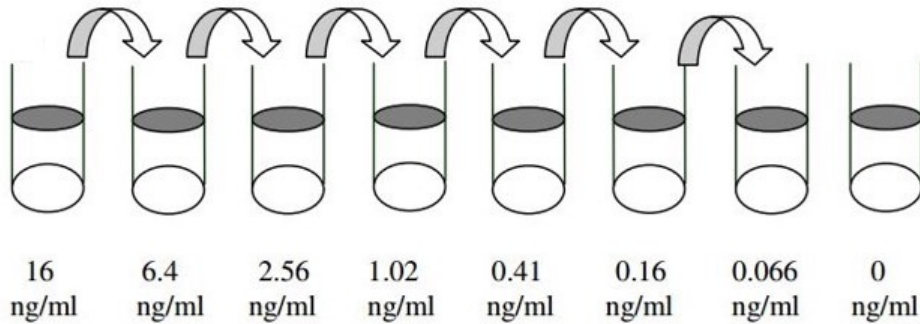
Application: Detection of a **specific antigen** in the sample.

Principle:

1. Binding of anti-A antibody to the plate.
2. They add a known amount of labelled antigen to the sample.
3. The unlabelled antigen in the sample will **compete with the labelled** ones for the binding sites.
4. The unbound components are removed by washing.
5. The intensity of the color reaction is inversely proportional with the concentration of the antigen in the sample. (The less antigen there was in the sample, the more enzyme-labelled antigen could bind to the coated antibodies.)

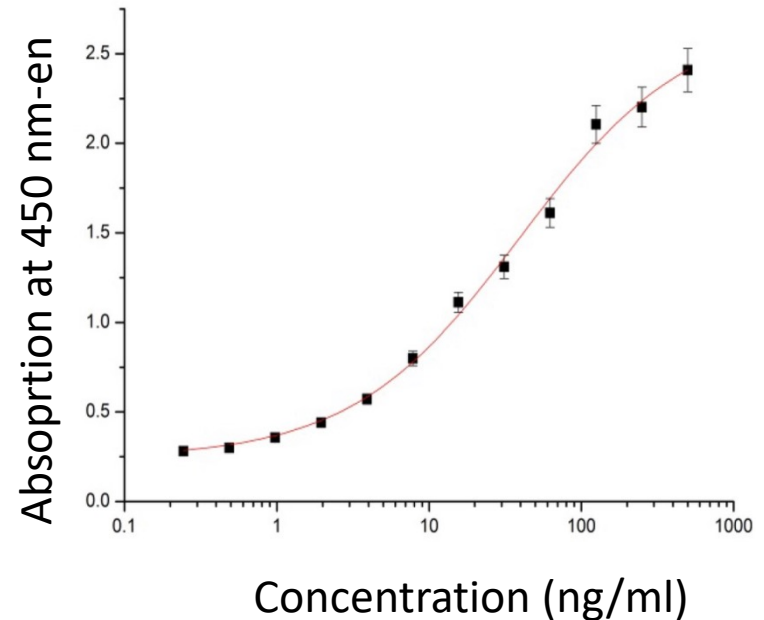
ELISA evaluation I.

Creating standards with known concentrations:



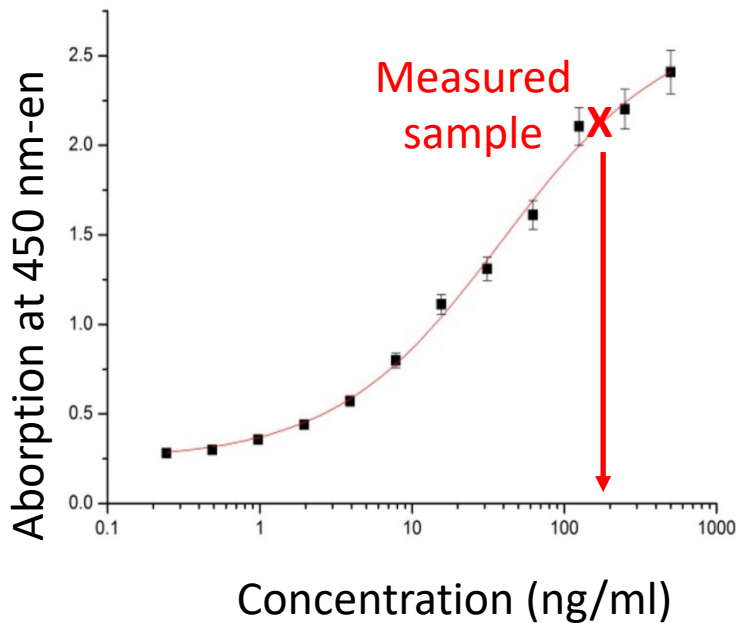
An ELISA reader which measures the **light absorption** in well of the ELISA plate.

ELISA standard curve:

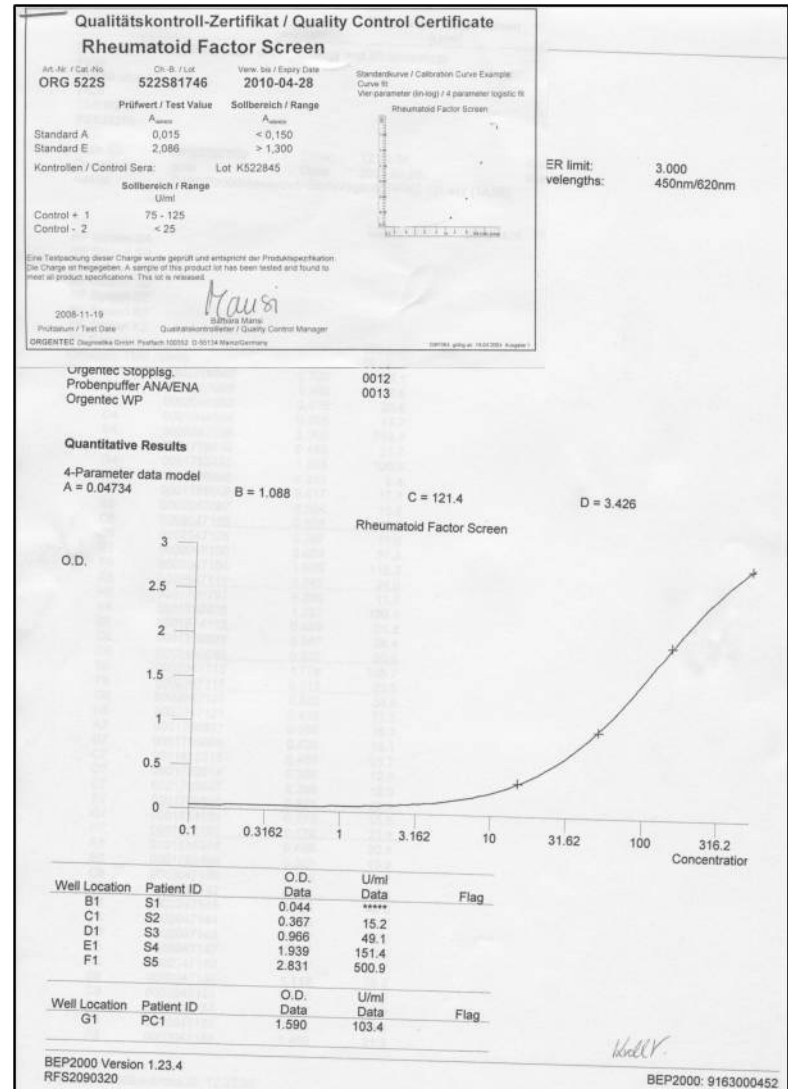


ELISA evaluation II.

Standard curve:



The concentration of the antigen is calculated based in the light absorption of the sample with help of the standard curve.



Result of a routine diagnostic ELISA (measured rheumatoid factor)

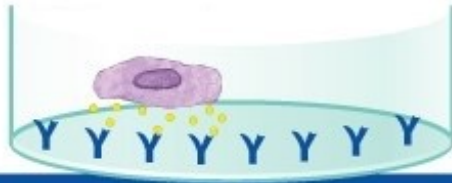
The significance of ELISA

- Medical diagnostics:
 - Diagnostics of **autoimmune disorders**^[5.] (detection of autoantibodies, see later)
 - Diagnostics of **infectious diseases**^[6, 7.] (detection of either microbial antigens or the antibodies produced against them, e.g. detection of anti-HIV antibodies in **HIV screening**)
 - Measuring the concentrations of specific **serum proteins** e.g. CRP, hormones^[8.] (β -hCG, TSH, etc.) cytokines, tumor markers^[9, 10.] (e.g. AFP, PSA, CEA, etc.)
- Industrial uses:
 - Detection of **food allergens**^[11, 12.] (e.g. gluten, peanut, milk proteins, etc.)
 - Detection of **toxins** in foods^[13.]
 - Testing antibody production of **hybridomas**^[4.]
 - Detection of certain industrial pollutants in environmental and industrial wastes^[14.]
- Research

ELISPOT

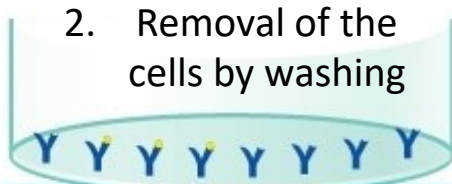
ELISPOT test^[15.]

1st day

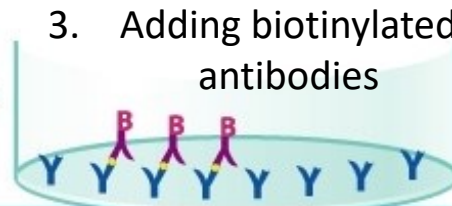


1. Incubation of the antigen producing cells on a plate coated with specific capturing antibodies.

2nd day

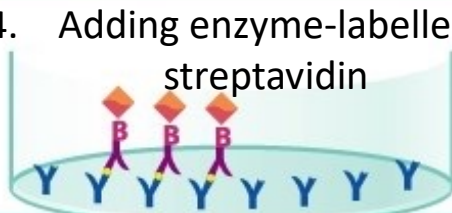


2. Removal of the cells by washing

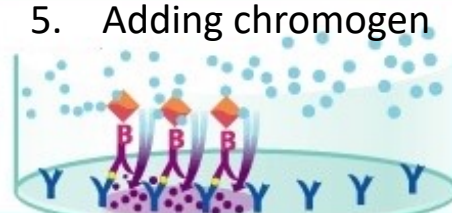


3. Adding biotinylated antibodies







3rd day



4. Adding enzyme-labelled streptavidin



5. Adding chromogen

-  capturing antibody
-  antigen of interest
-  biotinylated antibody
-  enzyme-labelled streptavidin
-  colored end-product
-  chromogen



6. Formation of an **insoluble end-product** at the site of antigen production.

It is used to measure the **antigen secretion** of cells.

E.g.:

Cytokine production

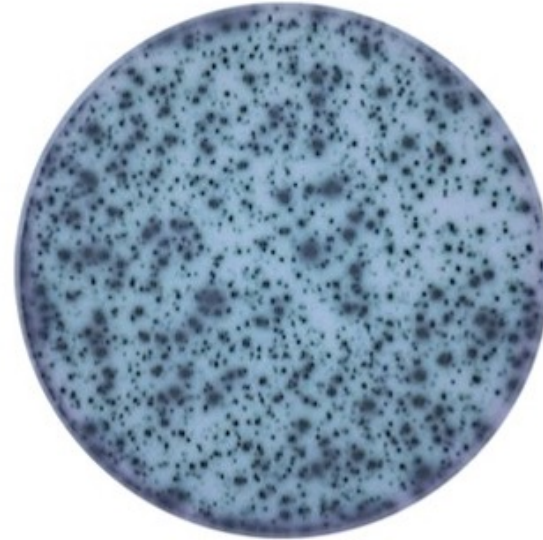
IFN γ production in T cells

untreated T cells:



0 spot

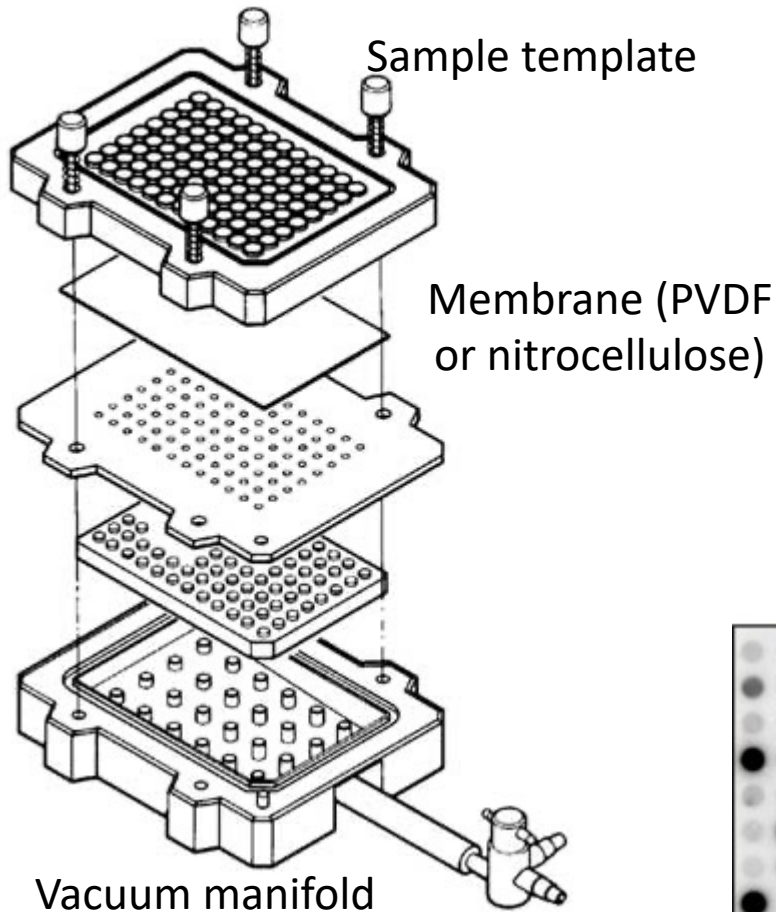
T cells stimulated with
an anti-CD3 antibody:



760 spots

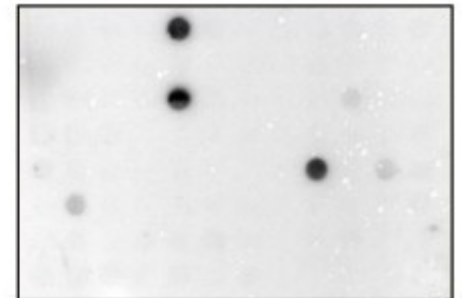
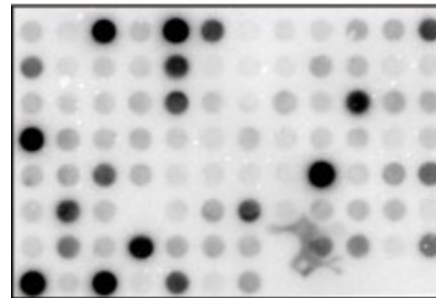
Detection of interferon gamma (IFN γ) with **ELISPOT**. The cells were put to a plate. The IFN γ they produced was instantly bound by the capturing antibody. The bound IFN γ was detected with enzymatic reaction. The stimulated T cells became activated and produced large amounts of IFN γ .

Dot blot



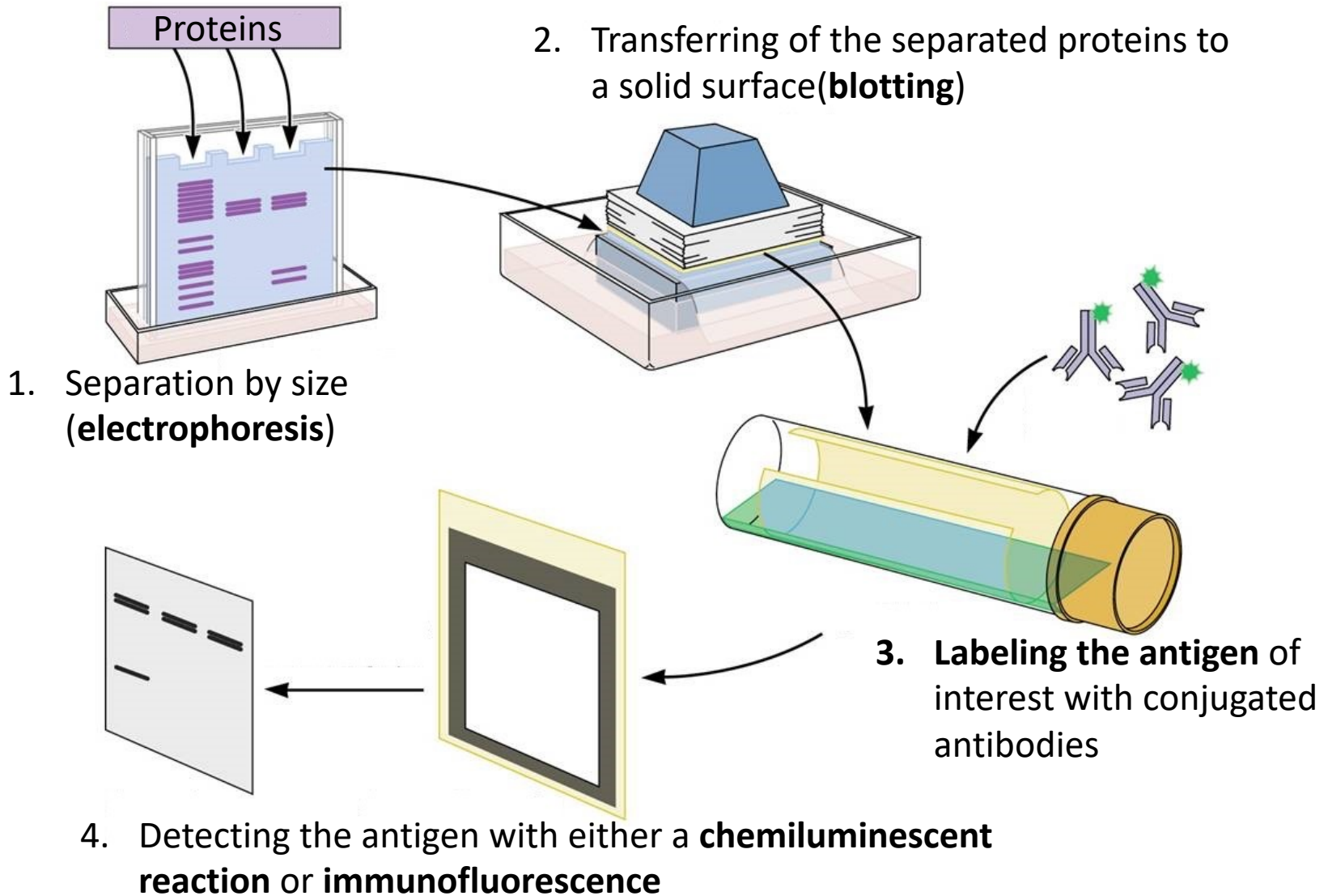
1. They put one drop of the sample containing the antigen to a solid surface (membrane).
2. The antigen attached to the surface is detected with the use of a labelled antibody either with a chromogen or with chemiluminescent reaction (see later).

Application: Detection of specific proteins in a sample of mixed proteins.



Comparison of two different samples for the same proteins with Dot blot.

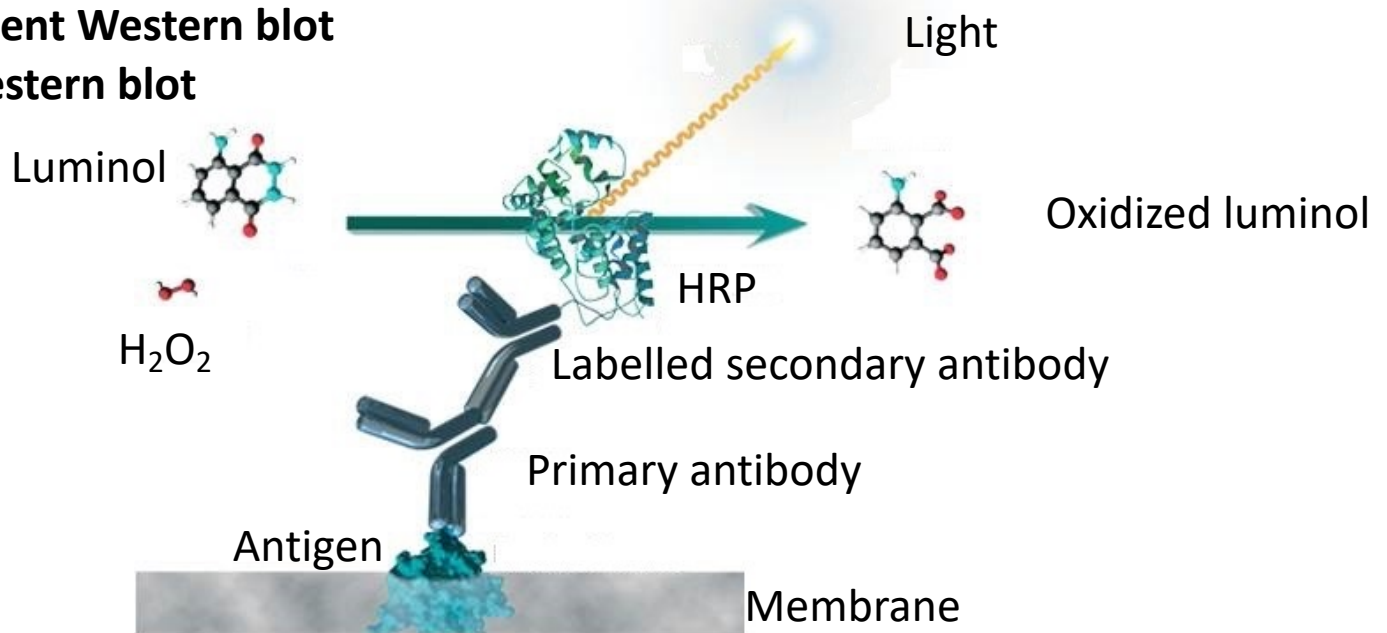
Western blot^[16.]



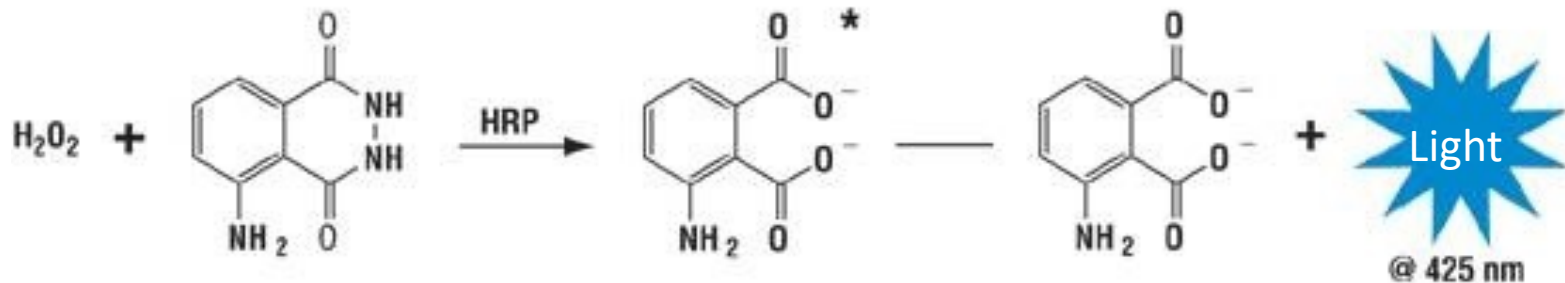
Detection of the antigen

There are several methods to visualize the bound antigens, the most frequently used are^[17.]:

- Chemiluminescent Western blot
- Fluorescent Western blot

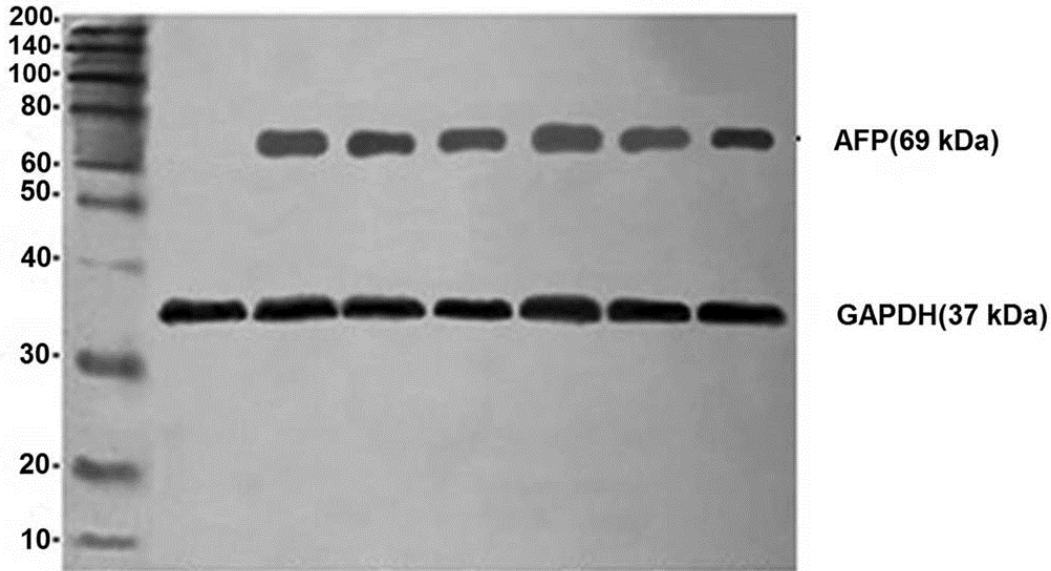


The chemiluminescent reaction of luminol:

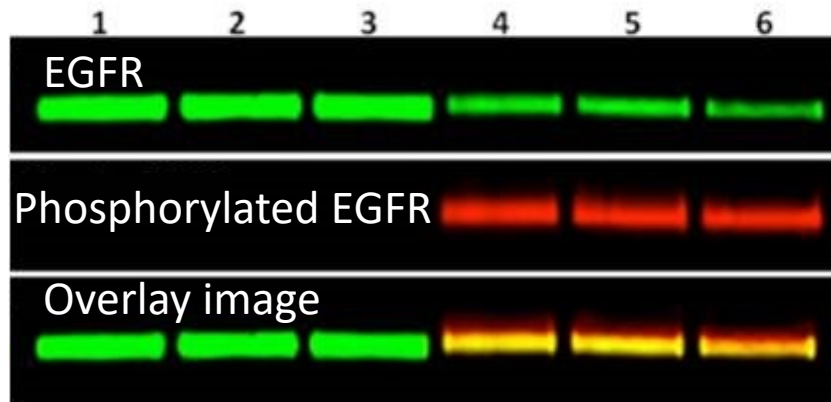


Examples

Simultaneous detection of AFP and GAPDH (quantity control) with **chemiluminescent technique**:



Investigation of EGFR phosphorylation with **fluorescent Western blot**:

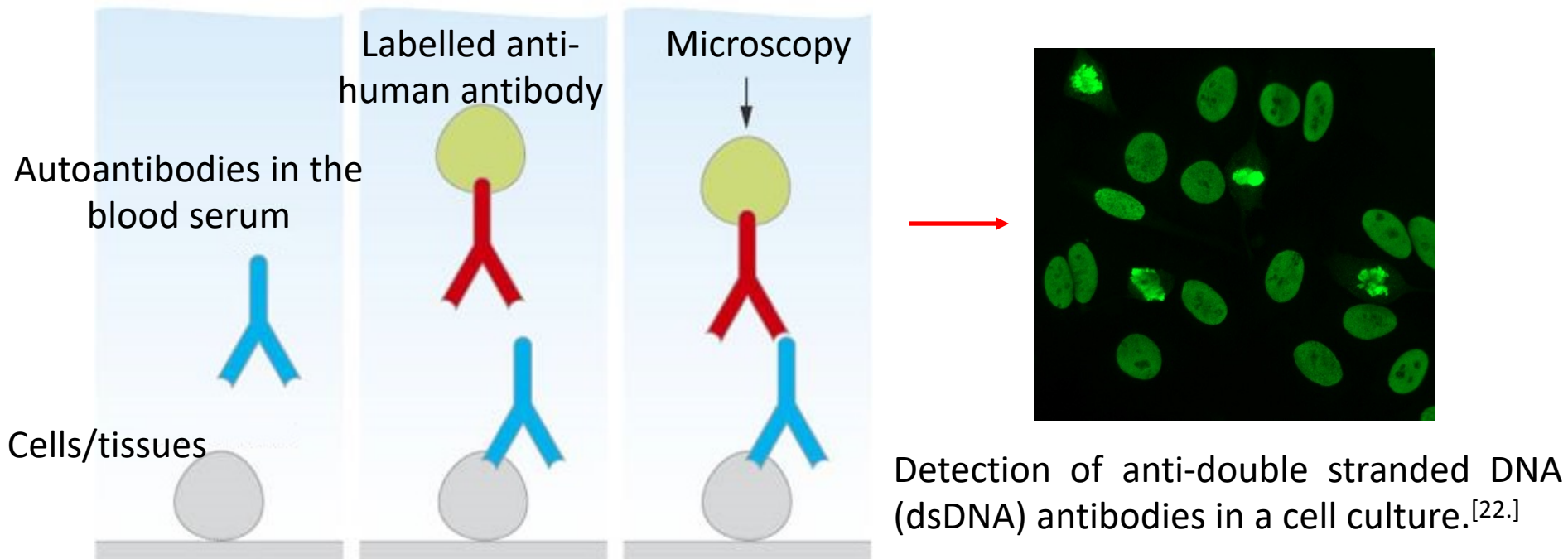


Significance of Western blot:

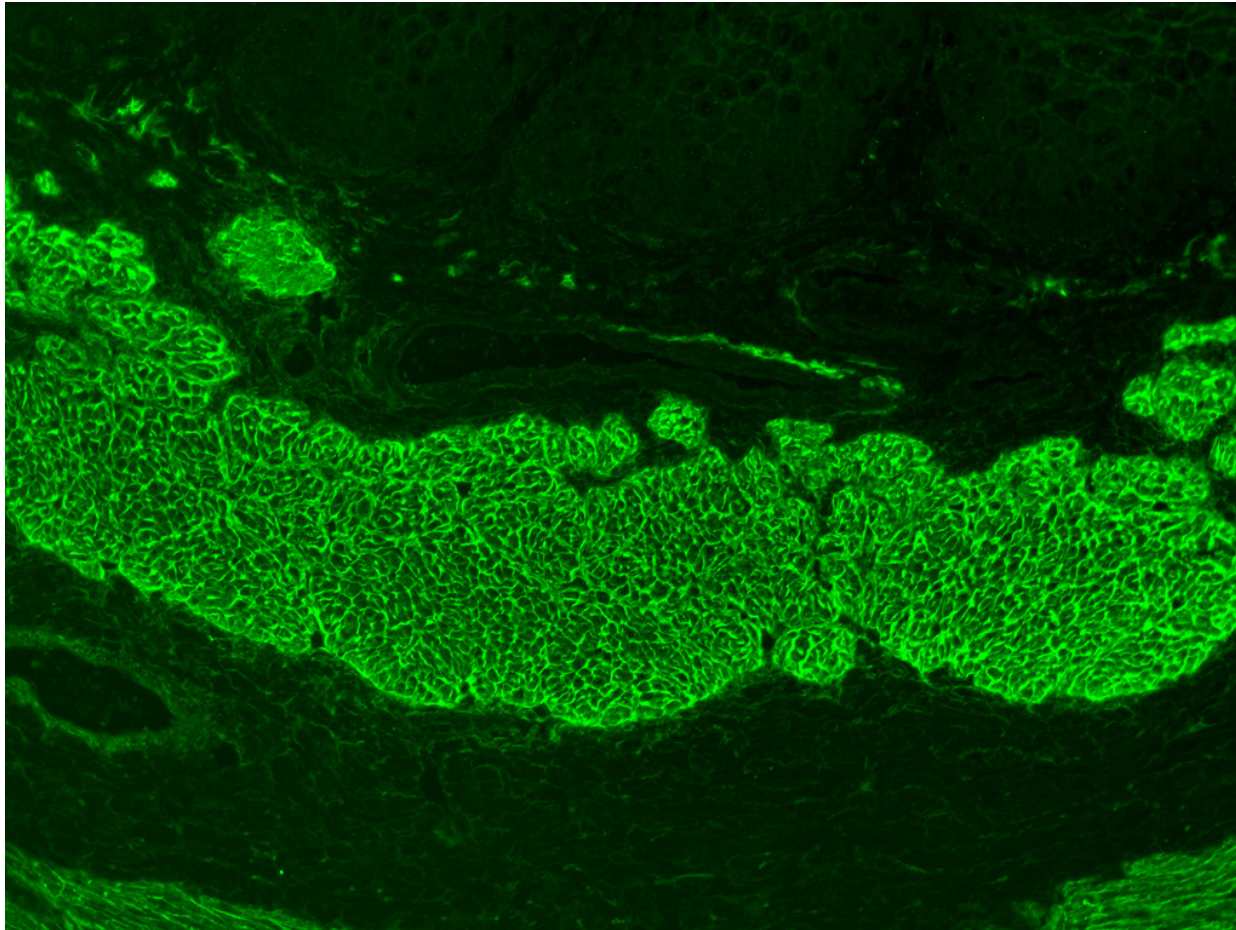
- What is it capable of?
 - It **can specifically detect proteins** in a **mixed protein sample** and also provides information of both the **size** and the quantity of the protein of interest. (**semiquantitative** method)
 - **Protein-protein interactions** can be detected with immunoprecipitation.
 - Can be used for **functional tests**, such as investigating protein phosphorylations in cells.
- It is extensively used in research.
- Its use for diagnostic purposes is limited because it is **hard to standardize**.^[18.]
- Some examples of diagnostic uses:
 - Confirmation of certain **infectious diseases**, e.g.:
 - Lyme disease^[19.]
 - BSE (Bovine spongiform encephalopathy, „mad cow disease”)^[20.]
 - Confirmation of HIV infection in case of a positive ELISA screening test.^[21.]

Indirect immunofluorescence microscopy as a serological test

- Immunofluorescence microscopy → see 4th practice
- Application: **Diagnostics of autoimmune disorders** (see later in more detail)
- The serum of the patient is added to a cell culture or tissue. Autoantibodies in the serum will cross-react with the tissue or cultured cells which can be detected with fluoro-chrome-conjugated anti-human antibodies.



Indirect immunofluorescence example



Detection of anti-endomysium autoantibodies (EMA) from the serum of a patient with celiac disease on a monkey esophagus. The esophagus section was first incubated with the serum of the patient. Then fluorochrome-conjugated (**FITC**) anti-human antibody was added.^[23.]

Comparing the threshold of different serological methods

Method	Estimated sensitivity ($\mu\text{g protein/ml sample}$)
Precipitation in fluids	20-200
Ouchterlony double immunodiffusion	20-200
Immuno-electrophoresis	20-200
Mancini radial immunodiffusion	10-50
Rocket immunoelectrophoresis	2
Immunofluorescence	1
Direct agglutination	0,3
Passive agglutination	0,006-0,06
ELISA	0,0001-0,01

References 1.

1. Lequin RM¹: **Enzyme immunoassay (EIA)/enzyme-linked immunosorbent assay (ELISA)**. *Clin Chem*. 2005 Dec;51(12):2415-8. Epub 2005 Sep 22.
2. John R. Crowther: **The ELISA Guidebook** © 2001 Humana Press Inc.
3. Lin AV¹: **Direct ELISA**. *Methods Mol Biol*. 2015;1318:61-7. doi: 10.1007/978-1-4939-2742-5_6.
4. Delaunay T¹, Louahed J, Bazin H: **Rat (and mouse) monoclonal antibodies. VIII. ELISA measurement of Ig production in mouse hybridoma culture supernatants**. *J Immunol Methods*. 1990 Jul 20;131(1):33-9.
5. Aggarwal A¹: **Role of autoantibody testing**. *Best Pract Res Clin Rheumatol*. 2014 Dec;28(6):907-20. doi: 10.1016/j.berh.2015.04.010. Epub 2015 May 23.
6. Ghosh M¹, et al.: **Detection of hepatitis B virus infection: A systematic review**. *World J Hepatol*. 2015 Oct 18;7(23):2482-91. doi: 10.4254/wjh.v7.i23.2482.
7. Sun GG¹, et al.: **Early serodiagnosis of trichinellosis by ELISA using excretory-secretory antigens of *Trichinella spiralis* adult worms**. *Parasit Vectors*. 2015 Sep 23;8(1):484. doi: 10.1186/s13071-015-1094-9.
8. Islam KN¹, et al.: **Micro open-sandwich ELISA to rapidly evaluate thyroid hormone concentration from serum samples**. *Bioanalysis*. 2010 Oct;2(10):1683-7. doi: 10.4155/bio.10.125.
9. Schneider J¹, et al.: **Comparison of the tumor markers tumor M2-PK, CEA, CYFRA 21-1, NSE and SCC in the diagnosis of lung cancer**. *Anticancer Res*. 2000 Nov-Dec;20(6D):5053-8.
10. Barak V¹, et al.: **The Diagnostic and Prognostic Value of Tumor Markers (CEA, SCC, CYFRA 21-1, TPS) in Head and Neck Cancer Patients**. *Anticancer Res*. 2015 Oct;35(10):5519-24.
11. Valdés I¹, García E, Llorente M, Méndez E: **Innovative approach to low-level gluten determination in foods using a novel sandwich enzyme-linked immunosorbent assay protocol**. *Eur J Gastroenterol Hepatol*. 2003 May;15(5):465-74.
12. Jayasena S¹, et al.: **Comparison of six commercial ELISA kits for their specificity and sensitivity in detecting different major peanut allergens**. *J Agric Food Chem*. 2015 Feb 18;63(6):1849-55. doi: 10.1021/jf504741t. Epub 2015 Feb 4.

References 2.

13. Liang M¹, et al.: **Development of an indirect competitive enzyme-linked immunosorbent assay based on the multiepitope peptide for the synchronous detection of staphylococcal enterotoxin A and G proteins in milk.** *J Food Prot.* 2015 Feb;78(2):362-9. doi: 10.4315/0362-028X.JFP-14-323.
14. Hirobe M¹, et al.: **The use of enzyme-linked immunosorbent assays (ELISA) for the determination of pollutants in environmental and industrial wastes.** *Water Sci Technol.* 2006;54(11-12):1-9.
15. Kalyuzhny AE¹: **Chemistry and biology of the ELISPOT assay.** *Methods Mol Biol.* 2005;302:15-31.
16. Hnasko TS¹, Hnasko RM: **The Western Blot.** *Methods Mol Biol.* 2015;1318:87-96. doi: 10.1007/978-1-4939-2742-5_9.
17. Mathews ST¹, Plaisance EP, Kim T: **Imaging systems for westerns: chemiluminescence vs. infrared detection.** *Methods Mol Biol.* 2009;536:499-513. doi: 10.1007/978-1-59745-542-8_51.
18. Gassmann M¹, Grenacher B, Rohde B, Vogel J: **Quantifying Western blots: pitfalls of densitometry.** *Electrophoresis.* 2009 Jun;30(11):1845-55. doi: 10.1002/elps.200800720.
19. Gerritzen A¹, Brandt S: **Serodiagnosis of Lyme borreliosis with bead based immunoassays using multiplex technology.** *Methods.* 2012 Apr;56(4):477-83. doi: 10.1016/j.ymeth.2012.02.007. Epub 2012 Mar 3.
20. Porcario C¹: **Evaluation of two sets of immunohistochemical and Western blot confirmatory methods in the detection of typical and atypical BSE cases.** *BMC Res Notes.* 2011 Sep 29;4:376. doi: 10.1186/1756-0500-4-376.
21. Torian LV¹, et al.: **Comparison of Multispot EIA with Western blot for confirmatory serodiagnosis of HIV.** *J Clin Virol.* 2011 Dec;52 Suppl 1:S41-4. doi: 10.1016/j.jcv.2011.09.017. Epub 2011 Oct 12.
22. Buchner C¹, et al: **Anti-nuclear antibody screening using HEP-2 cells.** *J Vis Exp.* 2014 Jun 23;(88):e51211. doi: 10.3791/51211.
23. Amara W¹, Husebekk A: **Improved method for serological testing in celiac disease--IgA anti-endomysium antibody test: a comparison between monkey oesophagus and human umbilical cord as substrate in indirect immunofluorescence test.** *Scand J Clin Lab Invest.* 1998 Nov;58(7):547-54.