

# Basic Immunology

## 26<sup>th</sup> lecture: Oral mucosal diseases

Zoltán Kellermayer

# Oral mucosal diseases

1. Autoimmune ulcerative diseases
2. Recurrent aphthous stomatitis
3. Oral candidiasis
4. Herpes Simplex infection

# Autoimmune ulcerative diseases

**Mucous membrane pemphigoid**



**Pemphigus vulgaris**



# Oral epithelium

Built up of cells (mainly keratinocytes) + Basement membrane

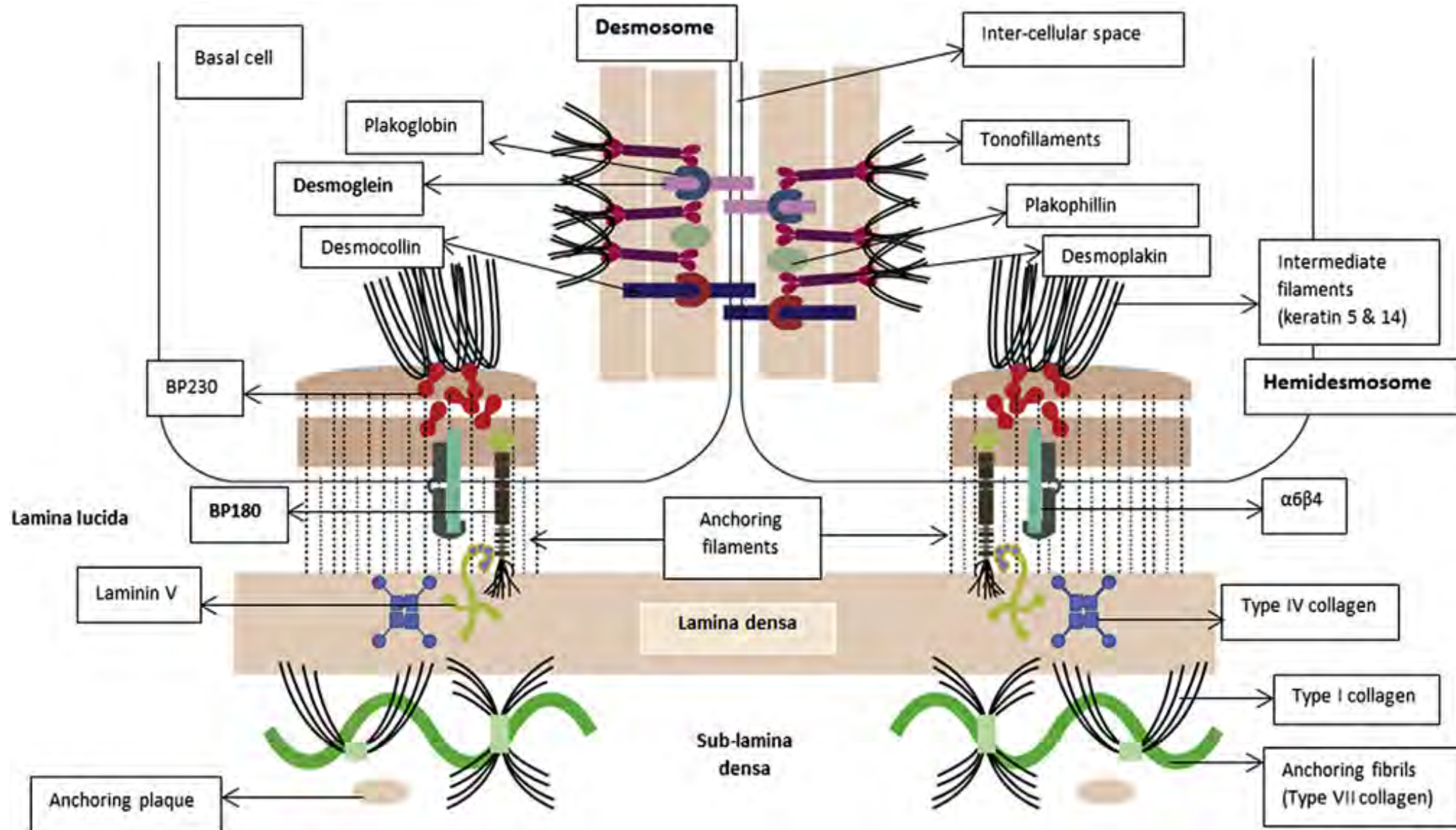
Basement membrane: connects epithelium to lamina propria

Consists of: basal cell plasma membrane + lamina lucida + lamina densa + sublamina densa

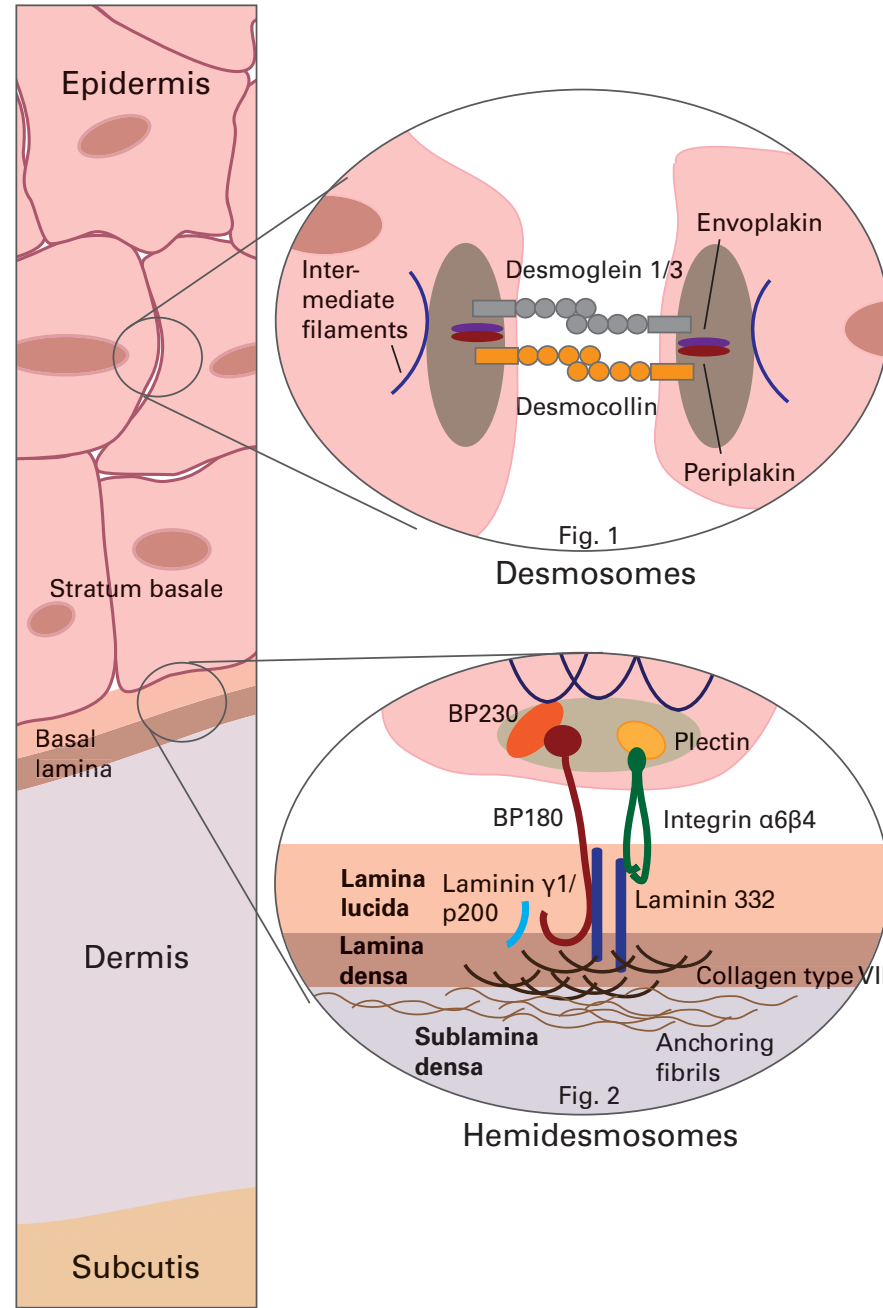
Cell – cell connections: desmosomes + gap junctions, tight junctions

Cell – Basement membrane connection: hemidesmosome

# Oral epithelium



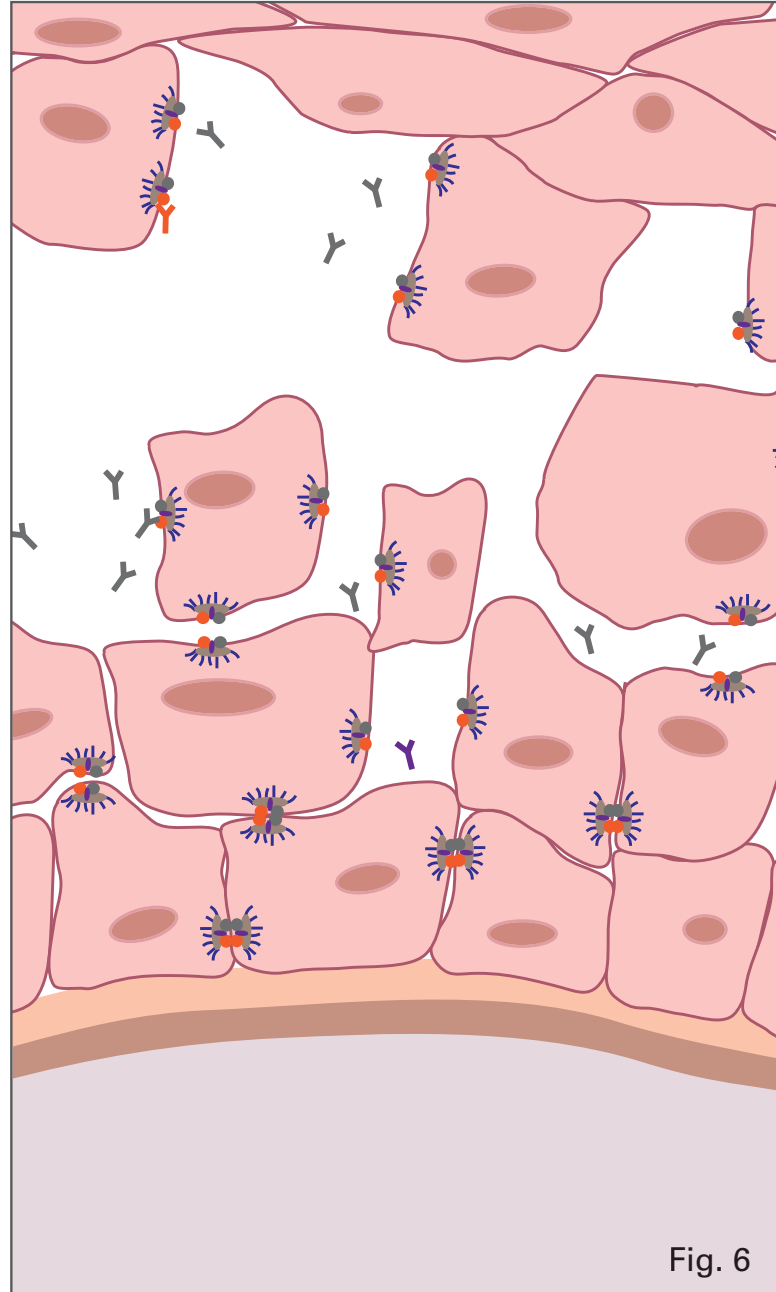
# Epithelial and Basement membrane (auto)antigens



# Epithelial and Basement membrane (auto)antigens

*Pemphigus vulgaris*

Desmoglein 3 (important in desmosome)



# Epithelial and Basement membrane (auto)antigens

## *Mucous membrane pemphigoid*

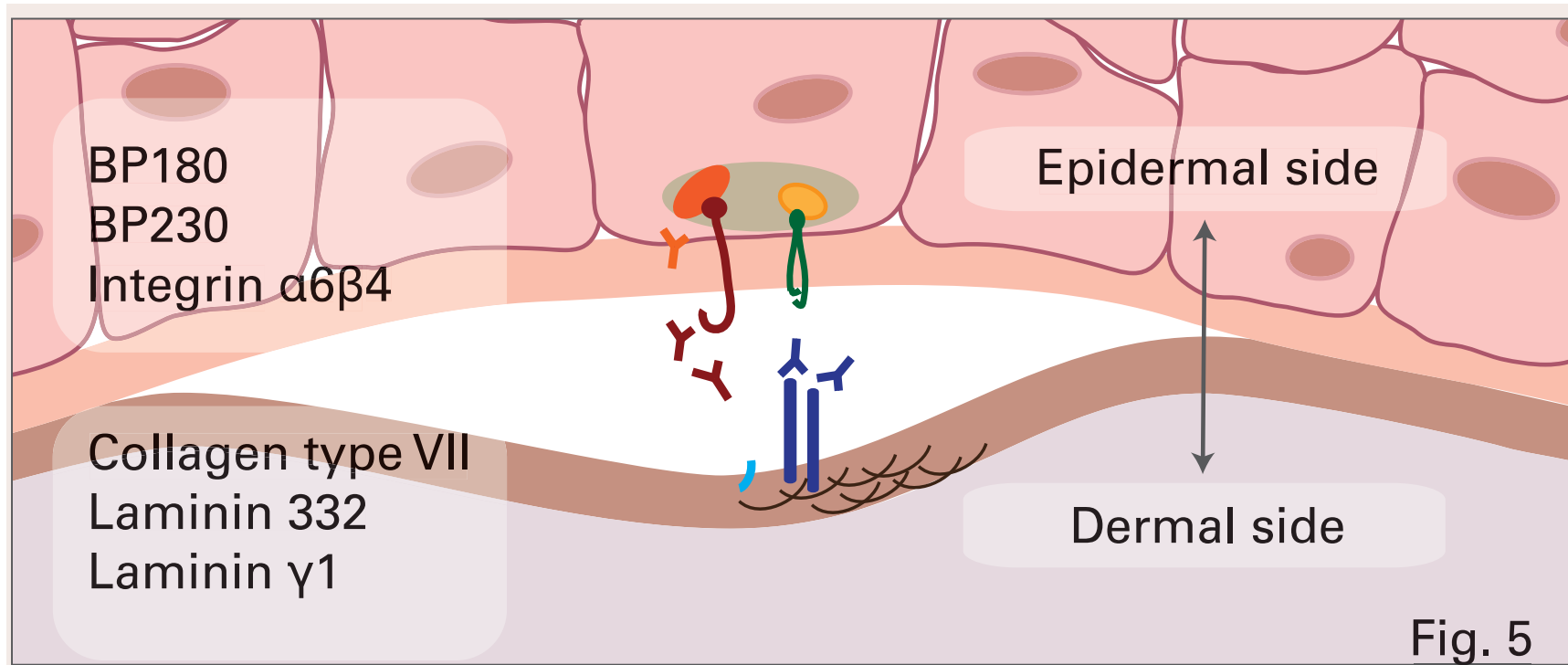
Laminins: non-collagenous glycoproteins

laminin 5, laminin 6

## *Bullous pemphigoid*

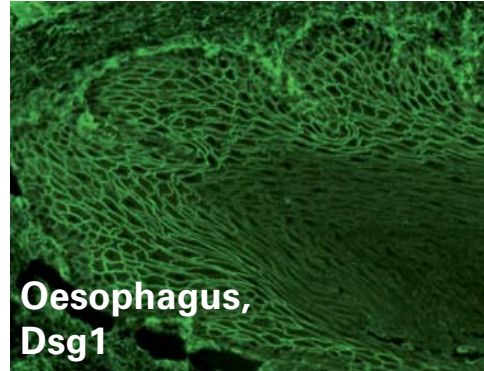
BP180: transmembrane molecule

BP230 (=BPAG1, *Bullous pemphigoid antigen 1*): hemidesmosome inner plate





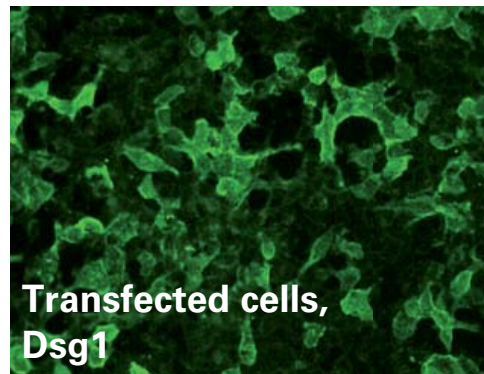
# Diagnosis



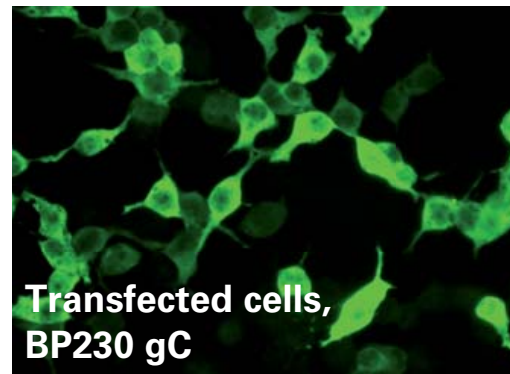
**Oesophagus:** detection of antibodies against **prickle-cell desmosomes** (pemphigus) and **basal lamina** (pemphigoid).



**Salt-split skin:** differentiation of autoantibodies against antigens of the epidermal (**BP180, BP230**) and dermal (**collagen type VII, laminin 332, p200**) sides of the skin.



**Transfected cells:** Monospecific detection of antibodies against **Dsg1, Dsg3** (pemphigus), **BP230 gC** (pemphigoid), and **collagen type VII** (EBA).



# Recurrent aphthous stomatitis (RAS)

Characterized by oral ulcers

Heals spontaneously in 7-21 days

Prevalence: ~10%

Genetics:

~90% concordance in identical twins

Possible association with HLA-A2 and HLA-B12

Cause: ~unknown

*(Definition: recurrent oral ulceration in the absence of known systemic factors...)*

Hypothesis:

Unknown trigger (chemical or infective agent) → decrease in normal suppression → autoimmune response to oral mucosa



# Recurrent aphthous stomatitis (RAS)

## Findings:

Autoantibodies against epithelial cells (leading to cell death)

Cytotoxic T cells sensitized to oral mucosa

## Trigger agent:

Possibly cross-reacting with oral mucosa

Candidate: heat-shock protein (HSP) 60kDa

Microbial HSP → stimulate mucosal Langerhans cells → generation of T-cells that recognize microbial HSP + homologous human HSP

---

Several other types of (non-aphthous) oral ulcers with underlying causes

*(Hematological diseases, gastrointestinal enteropathies, dermatological conditions etc...)*

Differential diagnosis is important!

# Oral candidiasis

Candida species: present in ~40% of population

Oral candidiasis: usually with underlying causes

Immunosuppression: therapy, HIV

Other oral diseases present

Xerostomia

Main types:

Acute pseudomembranous candidiasis (very young or elderly)

Acute atrophic candidiasis (antibiotics)

Chronic atrophic candidiasis (prosthesis)

Chronic hyperplastic candidiasis (risk of malignant transformation)

Erythematous candidiasis (HIV infection)



# Mucosal immune response to Candida

Innate immune response: **polymorphonuclear** cells found in biopsies

Oral candidiasis present in 40% of HIV+, 75% of AIDS patients → role of **T cells**

$T_H1$ : elevated IL-12, IFN $\gamma$  observed in patients

$T_H17$ : elevated IL-17 and IL-23 associated with protection

$T_H17$ -deficient patients are susceptible to oral candidiasis

IgA-deficiency: increased prevalence of oral candidiasis → role of **B cells**

Secreted aspartyl protease 2 (SAP2): important Candida antigen

Immunization against SAP2 → secretory IgA-type antibodies → protection in mouse model

# Herpes simplex

Usually caused by Herpes simplex virus 1 (HSV1)

Prevalence: 58% between ages 14-49

Primary infection: *herpetic gingivostomatitis*

Children or young adults

Pathogenesis: lytic replication of the virus in epithelial cells → lysis of keratinocytes

Immune response: inflammation + adaptive (neutralizing antibodies + CD8+ T<sub>C</sub>)

Self-limiting in immunocompetent patients

Characteristic clinical appearance: ulceration of oral mucosa + malaise, fever

Therapy: acyclovir only at beginning of infection + symptomatic treatment



# Herpes simplex

HSV1: Rapid transmission to peripheral sensory nerve fibers of n. trigeminus

Retrograde transport of the virus to trigeminal ganglion

*Before appearance of neutralizing antibodies!!*

---

Stays latent for years

Reactivation: in 15-40% of seropositive patients; appears as herpes simplex labialis

Trigger factors: UV, stress, illness, immunocompromised conditions

Recurrence: usually in same spot

# Herpes simplex labialis

Virus migration from neural cell body to periphery

infects and replicates within keratinocytes

keratinocyte death → inflammation → papule formation → vesicle formation

Resolve spontaneously in 7-10 days

appearance of neutralizing antibodies

T<sub>H</sub>: produce IFN $\gamma$  and IL-12

T<sub>C</sub>: cytotoxicity (keratinocyte lysis!)